

PLAYSHOP

with Fred Donaldson

IN SEATTLE

Weekend of February 3-5, 2012

M'ILLUMINO MOVEMENT STUDIO

6921 Roosevelt Way NE, Seattle 98115
m-illumino.com

Space is limited. Register early.

ORIGINAL PLAYSHOP \$195

Friday, February 3, 6:30pm-8:30pm

Saturday, February 4, 9:30am-4:30pm
BROWNBAG LUNCH

Sunday, February 5, 9:30am-12noon

Children ages 5-12 are welcome to join us Sunday morning for play.

*ADVANCED ORIGINAL PLAYSHOP \$85

Sunday, February 5, 1:30pm-5:30pm

*PREREQUISITE: ORIGINAL PLAYSHOP

BOTH ORIGINAL & ADVANCED PLAYSHOPS \$245

TO REGISTER, please make your check or money order out to 'R. Lorenz' and send along with your email, telephone and address to:

RUTH LORENZ | P.O. BOX 25862 | SEATTLE, WA 98165

QUESTIONS? Contact Ruth by telephone at 206/361-1069 or email at RuthOPlay@gmail.com

The Transformative Power of ORIGINAL PLAY

We're all born ready to play cooperatively with one another, but cultural conditioning reshapes our interactions to competitive contests of winners and losers. Come re-learn Original Play and reconnect with your innate sense of loving playfulness.

Original Play is spontaneous, joyful, instinctive play that helps us feel safe and connected.

10
CLOCK HOURS
FOR WA STATE
EDUCATORS

O. Fred Donaldson, Ph.D., is the author of *Playing By Heart: The Vision and Practice of Belonging*. For more than 30 years, Fred has studied the deep patterns of play, pioneering play as an alternative to competition and aggression. Recognized internationally for his research and play with children, adults, at-risk youth and wild animals, Fred's work is featured in the videos *The Power of Play* (Animal Planet) and *The Intelligence of Play* (Touch the Future). See a video of Original Play:

<http://tinyurl.com/7sefs9j>



Original Play connects us all and reminds us that we belong. Universally understood, true play is transformative, and teaches kindness.